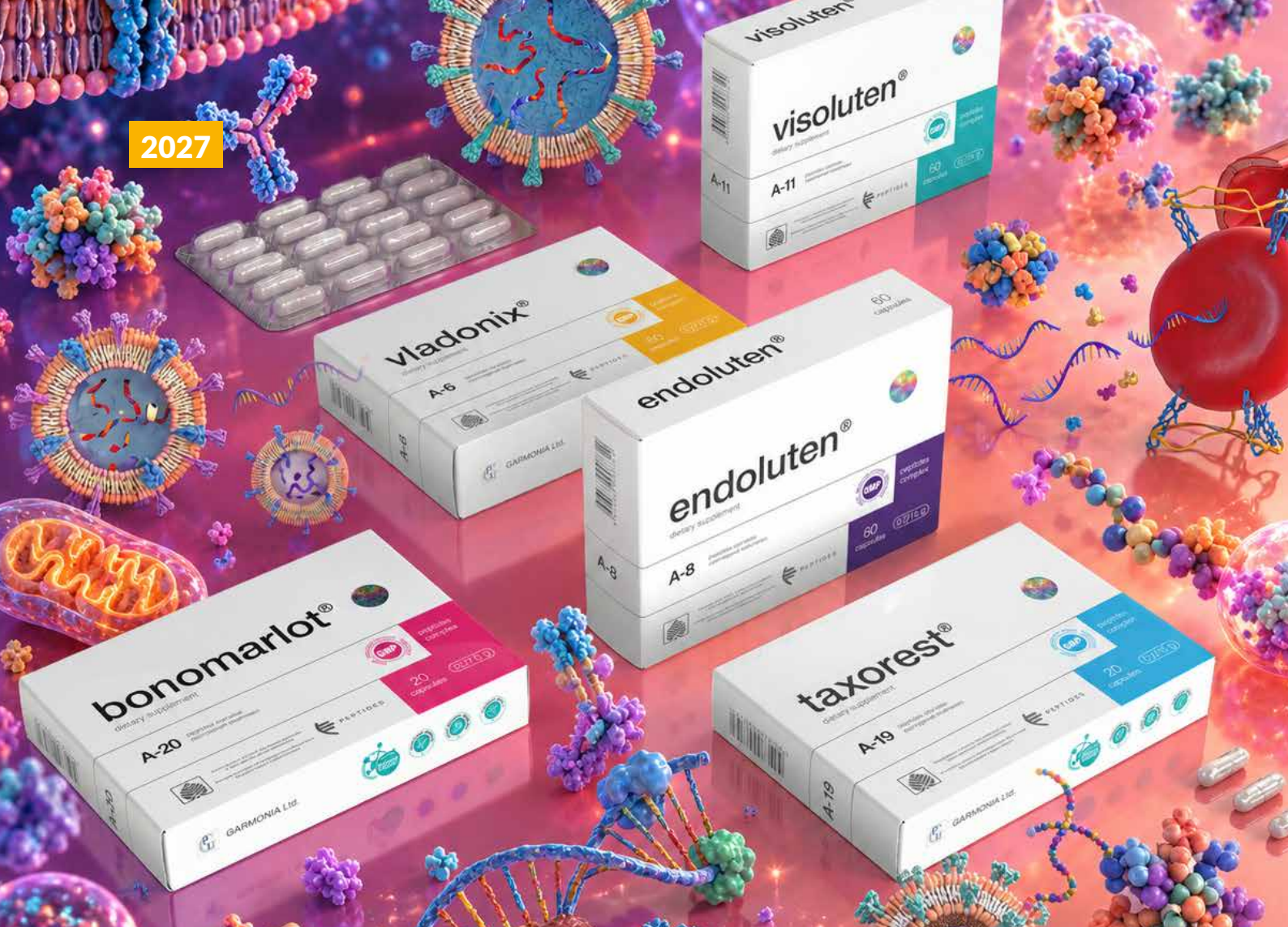


2027



COMBINED USE GUIDE

CYTOMAX



Anti-ageing technologies of peptide
and non-peptide bioregulation

ABOUT CYTOMAX

This selection brings together the protocols from the Combined Use Guide that include Cytomax products — peptide complexes extracted from the organs and tissues of young animals. Each Cytomax product acts selectively on its own body system: Vladonix on the immune system, Endoluten on the neuroendocrine system, Cerluten on the central nervous system, Ventfort on the vascular system, and so on. That is why the protocols combine them: a single problem usually involves several body systems.

How to read the protocols. For each condition, the table lists the products, directions for use, mode of action and course. All Cytomax products in a protocol are taken at the same time, throughout the course; in the express programme against premature ageing, they are taken in stages, on the days shown in the table.

Important. As required for food supplement registration, the packaging states that the products should be taken with meals, as a 1-month course. In this guide, we recommend taking Cytomax products before food, when peptides are best absorbed, and following a course of 1–3 months, repeated after a break if necessary. We recommend consulting a healthcare professional before starting.

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CARDIOVASCULAR DISORDERS

Atherosclerosis, arterial hypertension, neurocirculatory dystonia

Product	Directions for use	Mode of action	Course
Vladonix	2 capsules once daily in the morning	Supports healthy arteries and normal blood clotting	1–3 months. Repeat after a 1–3-month break if necessary
Chelohart	2 capsules once daily in the morning	Supports normal heart muscle function	
Ventfort	2 capsules in the morning before food	Supports healthy blood vessel walls	
Cerluten	2 capsules in the morning before food	Supports healthy brain tissue	

Coronary heart disease; rehabilitation after heart attack and stroke

Product	Directions for use	Mode of action	Course
Cerluten	2 capsules daily in the morning before food	This peptide complex helps renew blood vessel walls, heart muscle and brain tissue, supporting their recovery, and helps maintain healthy BP and microcirculation	1–3 months. Repeat after a 1–3-month break if necessary
Ventfort	2 capsules daily in the morning before food		
Vladonix	2 capsules daily in the morning before food		
Chelohart	2 capsules daily in the morning before food	Supports normal cholesterol metabolism	

Raynaud's disease

Product	Directions for use	Mode of action	Course
Cerluten	2 capsules in the morning before food	Support balanced CNS function and regulatory processes	1–3 months. Repeat after a 1–3-month break if necessary
Ventfort	2 capsules in the morning before food		

Rheumatic fever, myocarditis, endocarditis

Product	Directions for use	Mode of action	Course
Chelohart	2 capsules in the morning before food	Helps strengthen the heart muscle	1–3 months. Repeat after a 1–3-month break if necessary
Ventfort	2 capsules in the morning before food	Helps strengthen blood vessel walls and heart valves	
Sigumir	2 capsules in the morning before food	Supports the renewal of joint tissue	

Heart failure

Product	Directions for use	Mode of action	Course
Ventfort	2 capsules in the morning before food	Support normal cardiovascular function	1–3 months. Repeat after a 1–3-month break if necessary
Chelohart	2 capsules in the morning before food		

Varicose veins, thrombophlebitis

Product	Directions for use	Mode of action	Course
Ventfort	2 capsules in the morning before food	Helps strengthen blood vessel walls and supports venous tone	1–3 months. Repeat after a 1–3-month break if necessary



RESPIRATORY DISORDERS

Bronchial asthma

Product	Directions for use	Mode of action	Course
Endoluten	1 capsule once daily in the morning	Helps reduce allergic sensitisation	1–3 months. Repeat after a 1–3-month break if necessary
Taxorest	2 capsules in the morning before food	Supports the health of the bronchial tree	

Bronchitis, pneumonia, emphysema

Product	Directions for use	Mode of action	Course
Taxorest	2 capsules in the morning before food	Helps protect the bronchi and lungs from damage	1–3 months. Repeat after a 1–3-month break if necessary
Vladonix	2 capsules in the morning before food	Helps balance immune function	

Tuberculosis

Product	Directions for use	Mode of action	Course
Vladonix	2 capsules in the morning before food	Supports the immune system	1–3 months. Repeat after a 1–3-month break if necessary
Taxorest	2 capsules in the morning before food	Helps protect lung tissue from damage	



GASTROINTESTINAL DISORDERS

Gastritis, gastric and duodenal ulcers

Product	Directions for use	Mode of action	Course
Stamakort	2 capsules in the morning before food	Supports the recovery of the stomach and duodenal lining	1–3 months. Repeat after a 1–3-month break if necessary

Haemorrhoids

Product	Directions for use	Mode of action	Course
Ventfort	2 capsules in the morning before food	Helps strengthen blood vessel walls and supports venous tone	1–3 months. Repeat after a 1–3-month break if necessary
Vladonix	2 capsules once daily before food	Supports the body's natural anti-tumour immune defences	

Dyspepsia, enterocolitis

Product	Directions for use	Mode of action	Course
Stamakort	2 capsules in the morning before food	Support the renewal of the GI tract lining	1–3 months. Repeat after a 1–3-month break if necessary
Suprefort	2 capsules in the morning before food		
Svetinorm	2 capsules in the morning before food		

Diverticulosis, constipation, flatulence

Product	Directions for use	Mode of action	Course
Svetinorm	2 capsules in the morning before food	Supports normal liver function	1–3 months. Repeat after a 1–3-month break if necessary
Suprefort	2 capsules in the morning before food	Supports normal pancreatic function	

Biliary dyskinesia, calculous cholecystitis, post-cholecystectomy syndrome

Product	Directions for use	Mode of action	Course
Svetinorm	2 capsules in the morning before food	Support normal pancreatic and liver function	1–3 months. Repeat after a 1–3-month break if necessary
Suprefort	2 capsules in the morning before food		

Fungal infections and parasitic infestations

Product	Directions for use	Mode of action	Course
Vladonix	2 capsules in the morning before food	Support the body's defences against parasites and fungi and help modulate immune function	1–3 months. Repeat after a 1–3-month break if necessary
Svetinorm	2 capsules in the morning before food		

Chronic hepatitis, cirrhosis of the liver

Product	Directions for use	Mode of action	Course
Svetinorm	1 capsule twice daily before food (morning and midday)	Help protect the liver and blood vessels, modulate immune function and help counteract fibrotic changes in the liver	1–3 months. Repeat after a 1–3-month break if necessary
Suprefort	1 capsule twice daily before food (morning and midday)		
Vladonix	2 capsules daily in the morning before food		
Ventfort	2 capsules daily in the morning before food		

Chronic pancreatitis

Product	Directions for use	Mode of action	Course
Suprefort	2 capsules in the morning before food	Support normal function of the pancreas and biliary tract	1–3 months. Repeat after a 1–3-month break if necessary
Vladonix	2 capsules in the morning before food		



NERVOUS SYSTEM DISORDERS

Depressive syndrome

Product	Directions for use	Mode of action	Course
Endoluten	1 capsule once daily in the morning before food	Helps regulate serotonin and melatonin production	1–3 months. Repeat after a 1–3-month break if necessary
Vladonix	2 capsules in the morning before food	Supports a balanced immune status	
Cerluten	2 capsules in the morning before food	Supports normal brain cell function	

Meningitis, neuritis

Product	Directions for use	Mode of action	Course
Vladonix	2 capsules in the morning before food	Supports tissue renewal	1–3 months. Repeat after a 1–3-month break if necessary
Cerluten	2 capsules in the morning before food	Supports normal brain cell function	

Migraine

Product	Directions for use	Mode of action	Course
Endoluten	1 capsule once daily in the morning before food	Helps regulate neuroendocrine processes	1–3 months. Repeat after a 1–3-month break if necessary
Ventfort	2 capsules in the morning before food	This combination helps improve the oxygen supply to brain cells and supports the body's anti-inflammatory, antioxidant and immune defences	
Cerluten	2 capsules in the morning before food		

Multiple sclerosis

Product	Directions for use	Mode of action	Course
Cerluten	2 capsules in the morning before food	Helps slow degenerative changes in nerve tissue	1–3 months. Repeat after a 1–3-month break if necessary

Amyotrophic lateral sclerosis

Product	Directions for use	Mode of action	Course
Cerluten	2 capsules in the morning before food	Helps slow degenerative changes in nerve tissue	1–3 months. Repeat after a 1–3-month break if necessary

Stress, chronic fatigue syndrome

Product	Directions for use	Mode of action	Course
Endoluten	1 capsule once daily in the morning before food	Helps regulate serotonin and melatonin production and neuroendocrine function	1–3 months. Repeat after a 1–3-month break if necessary
Vladonix	2 capsules in the morning before food	Supports a balanced immune status	
Cerluten	2 capsules in the morning before food	Supports normal brain cell function	
Ventfort	2 capsules in the morning before food	Supports normal heart and blood vessel function	

Memory impairment

Product	Directions for use	Mode of action	Course
Cerluten	2 capsules in the morning before food	Help improve the oxygen supply to brain cells and support their activity	1–3 months. Repeat after a 1–3-month break if necessary
Ventfort	2 capsules in the morning before food		

Epilepsy

Product	Directions for use	Mode of action	Course
Cerluten	2 capsules in the morning before food	Supports normal brain tissue function	1–3 months. Repeat after a 1–3-month break if necessary



URINARY TRACT DISORDERS

Urolithiasis, pyelonephritis, cystitis

Product	Directions for use	Mode of action	Course
Vladonix	2 capsules in the morning before food	Supports a balanced immune status	1–3 months. Repeat after a 1–3-month break if necessary
Pielotax	2 capsules in the morning before food	Supports normal kidney function	
Chitomur	2 capsules in the morning before food	Supports normal bladder function	

Interstitial nephritis, glomerulonephritis, renal failure

Product	Directions for use	Mode of action	Course
Endoluten	1 capsule once daily in the morning before food	This peptide complex helps moderate autoimmune reactions, protects the kidneys and helps counteract sclerotic changes in kidney tissue	1–3 months. Repeat after a 1–3-month break if necessary
Pielotax	2 capsules in the morning before food		
Ventfort	2 capsules in the morning before food		
Glandokort	2 capsules daily in the morning before food	Helps moderate autoimmune reactions	



METABOLIC DISORDERS

Thyroid dysfunction

Product	Directions for use	Mode of action	Course
Thyreogen	2 capsules in the morning before food	Supports normal thyroid function and helps counteract nodule growth	1–3 months. Repeat after a 1–3-month break if necessary

Diabetes mellitus

Product	Directions for use	Mode of action	Course
Suprefort	2 capsules in the morning before food	This peptide complex acts early on the key mechanisms involved in the development of diabetes	1–3 months. Repeat after a 1–3-month break if necessary
Cerluten	2 capsules in the morning before food		
Svetinorm	2 capsules in the morning before food		
Visoluten	2 capsules in the morning before food	Helps counteract retinal degeneration	

Obesity

Product	Directions for use	Mode of action	Course
Endoluten	1 capsule once daily in the morning	Helps regulate neuroendocrine processes	1–3 months. Repeat after a 1–3-month break if necessary
Thyreogen	2 capsules in the morning before food	Help regulate the body's metabolic processes	
Svetinorm	2 capsules in the morning before food		
Suprefort	2 capsules in the morning before food		
Glandokort	2 capsules daily in the morning before food	Supports normal adrenal function	

Gout

Product	Directions for use	Mode of action	Course
Pielotax	2 capsules in the morning before food	Helps protect the kidneys from damage by uric acid salts	1–3 months. Repeat after a 1–3-month break if necessary
Sigumir	2 capsules in the morning before food	Helps protect the joints	



SKIN DISORDERS

Vitiligo, psoriasis, neurodermatitis, eczema

Product	Directions for use	Mode of action	Course
Endoluten	1 capsule once daily in the morning before food	Helps moderate inflammatory and autoimmune reactions	1–3 months. Repeat after a 1–3-month break if necessary
Svetinorm	2 capsules in the morning before food	Supports normal liver function	
Cerluten	2 capsules in the morning before food	Supports normal CNS function	

Shingles (herpes zoster)

Product	Directions for use	Mode of action	Course
Vladonix	2 capsules in the morning before food	Helps restore immune defences	1–3 months. Repeat after a 1–3-month break if necessary
Svetinorm	2 capsules in the morning before food	Supports normal liver function	
Cerluten	2 capsules in the morning before food	Supports normal CNS function	

Pityriasis versicolor

Product	Directions for use	Mode of action	Course
Vladonix	2 capsules in the morning before food	Helps restore immune defences	1–3 months. Repeat after a 1–3-month break if necessary
Svetinorm	2 capsules in the morning before food	Supports normal liver function	

Trophic ulcers

Product	Directions for use	Mode of action	Course
Ventfort	2 capsules in the morning before food	Supports healthy veins and capillaries	1–3 months. Repeat after a 1–3-month break if necessary

Furunculosis

Product	Directions for use	Mode of action	Course
Vladonix	2 capsules in the morning before food	Helps rebuild immune defences	1–3 months. Repeat after a 1–3-month break if necessary
Svetinorm	2 capsules in the morning before food	Supports normal liver function	



MUSCULOSKELETAL DISORDERS

Rheumatoid arthritis

Product	Directions for use	Mode of action	Course
Endoluten	1 capsule once daily in the morning	Helps moderate autoimmune reactions	1–3 months. Repeat after a 1–3-month break if necessary
Chelohart	2 capsules in the morning before food	Helps strengthen the heart muscle	
Ventfort	2 capsules in the morning, once every 3 days	Helps strengthen blood vessel walls and heart valves	
Sigumir	2 capsules in the morning, once every 3 days	Supports the renewal of joint tissue	

Osteoarthritis, arthritis, spinal osteochondrosis

Product	Directions for use	Mode of action	Course
Sigumir	2 capsules in the morning before food	Support the renewal of joint tissue	1–3 months. Repeat after a 1–3-month break if necessary
Vladonix	2 capsules daily before food		

Osteoporosis, fractures

Product	Directions for use	Mode of action	Course
Endoluten	1 capsule once daily in the morning	Supports normal neuroendocrine function	1–3 months. Repeat after a 1–3-month break if necessary
Bonothyrk	2 capsules in the morning before food	Supports normal parathyroid function	
Sigumir	2 capsules in the morning before food	Supports normal bone metabolism	



EYE DISORDERS

Retinal angiopathy and degeneration, dry macular degeneration, glaucoma, cataract

Product	Directions for use	Mode of action	Course
Visoluten	2 capsules in the morning before food	Help counteract retinal degeneration	1–3 months. Repeat after a 1–3-month break if necessary
Cerluten	2 capsules in the morning before food		
Ventfort	2 capsules in the morning before food		

NOTE: In wet macular degeneration, macular oedema or retinal haemorrhage, only Visoluten may be used. Retinal peptides should not be used in retinal sclerosis (fibrosis).



EAR, NOSE AND THROAT DISORDERS

Sinusitis, pharyngitis, laryngitis, tonsillitis

Product	Directions for use	Mode of action	Course
Taxorest	2 capsules in the morning before food	Supports normal upper respiratory tract function	1–3 months. Repeat after a 1–3-month break if necessary
Vladonix	2 capsules in the morning before food	Helps strengthen immune defences	

Sensorineural hearing loss

Product	Directions for use	Mode of action	Course
Ventfort	2 capsules in the morning before food	This combination helps improve the oxygen supply to brain cells and supports the body's anti-inflammatory, antioxidant and immune defences	1–3 months. Repeat after a 1–3-month break if necessary
Cerluten	2 capsules in the morning before food		



ORAL AND DENTAL DISORDERS

Periodontal disease, stomatitis, oral surgery

Product	Directions for use	Mode of action	Course
Endoluten	1 capsule in the morning before food	Helps restore local immunity in the oral tissues	1–3 months. Repeat after a 1–3-month break if necessary
Vladonix	2 capsules in the morning before food	Helps restore the immune response of the oral tissues	
Sigumir	2 capsules in the morning before food	Supports the renewal of the oral tissues	
Ventfort	2 capsules in the morning before food	Helps restore a healthy oral microflora	



REPRODUCTIVE SYSTEM DISORDERS

Male infertility, prostatitis

Product	Directions for use	Mode of action	Course
Glandokort	2 capsules in the morning before food	Helps regulate endocrine processes	1–3 months. Repeat after a 1–3-month break if necessary
Libidon	2 capsules in the morning before food	Supports healthy prostate function	
Testoluten	2 capsules in the morning before food	Supports hormonal balance and sperm production	

Benign prostatic hyperplasia

Product	Directions for use	Mode of action	Course
Libidon	2 capsules in the morning before food	Supports healthy prostate function	1–3 months. Repeat after a 1–3-month break if necessary
Chitomur	2 capsules in the morning before food	Supports the health of the bladder wall	

Female infertility, premature ovarian insufficiency, menstrual disorders

Product	Directions for use	Mode of action	Course
Endoluten	1 capsule once daily in the morning before food	Helps regulate neuroendocrine function and supports libido and hormonal balance	1–3 months. Repeat after a 1–3-month break if necessary
Zhenoluten	2 capsules in the morning before food	Supports healthy ovarian function	
Thyreogen	2 capsules in the morning before food	Supports normal thyroid function in hypothyroidism	

NOTE: Pineal gland products are not recommended for people with elevated prolactin levels.

Menopausal syndrome

Product	Directions for use	Mode of action	Course
Endoluten	1 capsule once daily in the morning before food	Help regulate neuroendocrine function and support libido and hormonal balance	1–3 months. Repeat after a 1–3-month break if necessary
Zhenoluten	2 capsules in the morning before food		
Vladonix	2 capsules in the morning	Helps raise oestrogen levels, supports healthy arteries and normal blood clotting, and helps protect against tumour development	

Fibrocystic breast disease, uterine fibroids, ovarian cysts, endometriosis

Product	Directions for use	Mode of action	Course
Vladonix	2 capsules in the morning before food	Helps protect against tumour development	1–3 months. Repeat after a 1–3-month break if necessary
Zhenoluten	2 capsules in the morning before food	Supports normal ovarian function	
Thyreogen	2 capsules in the morning before food	Supports normal thyroid function	

Salpingo-oophoritis, endometritis, gynaecological surgery

Product	Directions for use	Mode of action	Course
Zhenoluten	2 capsules in the morning before food	Supports healthy ovarian function (where ovarian tissue is preserved)	1–3 months. Repeat after a 1–3-month break if necessary
Vladonix	2 capsules in the morning before food	Helps protect against tumour development	

Early-stage pelvic organ prolapse with stress urinary incontinence

Product	Directions for use	Mode of action	Course
Chitomur	2 capsules in the morning before food	Supports healthy bladder function	1–3 months. Repeat after a 1–3-month break if necessary
Zhenoluten	2 capsules in the morning before food	Supports healthy ovarian function	
Endoluten	1 capsule once daily in the morning	Helps regulate hormonal balance	



CHRONIC INTOXICATION

Heavy metal poisoning

Product	Directions for use	Mode of action	Course
Endoluten	1 capsule once daily in the morning before food	Supports detoxification and helps regulate immune function	1–3 months. Repeat after a 1–3-month break if necessary
Vladonix		Helps balance immune function	
Svetinorm		Helps protect the liver	
Cerluten		Helps protect the nervous system	
Pielotax		Helps protect the kidneys	
Ventfort	2 capsules of each product in the morning before food	Helps protect blood vessels	

Alcoholism

Product	Directions for use	Mode of action	Course
Endoluten	1 capsule once daily in the morning before food	Supports detoxification and helps regulate immune function	1–3 months. Repeat after a 1–3-month break if necessary
Vladonix		Helps balance immune function	
Svetinorm		Helps protect the liver	
Cerluten		Has a beneficial effect on the CNS	
Ventfort		Helps protect blood vessels	
Suprefort	2 capsules of each product in the morning before food	Helps protect pancreatic cells	



Cancer (alongside prescribed treatment): main protocol (developed in collaboration with R. N. Pinaev)

Product	Directions for use	Mode of action	Course
Endoluten	1 capsule once daily in the morning before food	Pineal, thymus and bone marrow peptides can support the body's anti-tumour defences	1–3 months. Repeat after a 1–3-month break if necessary
Vladonix	4 capsules in the morning before food		
Bonomarlot	2 capsules in the morning before food		

Cancer prevention (protocol developed in collaboration with R. N. Pinaev)

Product	Directions for use	Mode of action	Course
Endoluten	1 capsule once daily in the morning before food	Pineal and thymus peptides provide strong support for the body's anti-tumour defences	1–3 months. Repeat after a 1–3-month break if necessary
Vladonix	2 capsules in the morning before food		

NOTE: The cancer prevention course is recommended twice a year.



PEPTIDE SUPPORT AGAINST PREMATURE AGEING

Express programme against premature ageing (Cytomax)

Product	Directions for use	Mode of action	Course
Endoluten	1 capsule once daily in the morning	Support normal function of the neuroendocrine, immune, nervous and vascular systems	1–3 months. Repeat after a 1–3-month break if necessary
Vladonix			
Ventfort			
Cerluten	2 capsules of each product in the morning (days 1–10)		
Visoluten			
Thyreogen			
Chelohart			
Svetinorm			
Suprefort	2 capsules of each product in the morning (days 11–20)		
Stamakort			
Pielotax		Support normal function of the genitourinary system	
Sigumir			
Zhenoluten (women)			
Chitomur (women)			
Libidon (men)	2 capsules of each product in the morning (days 21–30)		
Testoluten (men)			
Glandokort			



OTHER CONDITIONS

Anaemia (only where lymphoma, leukaemia or multiple myeloma is not suspected)

Product	Directions for use	Mode of action	Course
Bonomarlot	2 capsules in the morning before food	Helps regulate bone marrow cell activity	1–3 months. Repeat after a 1–3-month break if necessary

Support for the body during sport and exercise

Product	Directions for use	Mode of action	Course
Endoluten	1 capsule once daily in the morning before food	Supports neuroendocrine balance and healthy heart and blood vessel function	1–3 months. Repeat after a 1–3-month break if necessary
Glandokort			
Ventfort			
Chelohart	2 capsules of each product in the morning before food	This peptide complex helps the body's main systems cope with physical exertion	
Gotratix			
Sigumir			
Cerluten			

Abbreviations

BP	Blood pressure
CNS	Central nervous system
GI	Gastrointestinal